

# New Jersey Regenerative Institute

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email address: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

SSN: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Marital Status (Circle)    Single    Married    Divorced    Separated    Widowed

Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Language: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_

IS THIS VISIT RELATED TO MVA OR WORKERS COMP? YES or NO

If yes, what is the date of the injury? \_\_\_\_\_

Insurance: \_\_\_\_\_

Claim Address: \_\_\_\_\_

Claim Number: \_\_\_\_\_

Adjustor: \_\_\_\_\_ Phone Number: \_\_\_\_\_

MEDICAL INSURANCE: \_\_\_\_\_

Address: \_\_\_\_\_

Subscriber's Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_

SECONDARY INSURANCE: \_\_\_\_\_

Address: \_\_\_\_\_

Subscriber's Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

ID# \_\_\_\_\_ Group# \_\_\_\_\_

How Did You Hear About Us?:  Google  Facebook  Lecture  Doctor (specify) \_\_\_\_\_  
 Friend  Website  Other(specify) \_\_\_\_\_

Primary Doctor: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

# New Jersey Regenerative Institute

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Handedness: Right or Left

How Did You Hear About Us?:  Google  Facebook  Lecture  Doctor (specify) \_\_\_\_\_  
 Friend  Website  Other(specify) \_\_\_\_\_

Primary Care Physician (PCP): \_\_\_\_\_

Reason for visit?: \_\_\_\_\_

Complaints/Symptoms: \_\_\_\_\_

Precipitating Event: \_\_\_\_\_

Date of Onset: \_\_\_\_\_

Pain Intensity (0-10 scale) - Average pain: ( 0- no pain, 10 worst) \_\_\_\_\_

What makes your pain worse: \_\_\_\_\_

What makes your pain better: \_\_\_\_\_

Other symptoms (weakness, numbness, tingling, etc.) \_\_\_\_\_

Previous Tests (X-rays, CT scans, MRI's, Bone scans, EMG). Please give approximate dates and results if known.

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Prior Treatments:

Medications: \_\_\_\_\_

Any relief? \_\_\_\_\_

Therapy (PT?OT? etc.): \_\_\_\_\_

Any improvement? \_\_\_\_\_

Bracing: \_\_\_\_\_

Procedures (injections, surgery): \_\_\_\_\_

Any improvement? \_\_\_\_\_

*[Continued on next page]*

Medical History (circle):

High Blood Pressure	Diabetes Mellitus	Cardiac Disease (Type:_____)
Peripheral Vascular Disease	Stomach Ulcers	Depression/Anxiety    Psychiatric
Thyroid Disease	Cancers Type:_____	Stroke                      Osteoporosis
Joint Disease (Rheumatoid, osteoarthritis, etc.)	Asthma	Substance Abuse Drug:_____
Other: _____		

Surgical History:

\_\_\_\_\_ Appendix  
 \_\_\_\_\_ Gall Bladder  
 \_\_\_\_\_ Neck or Back surgery (specify) \_\_\_\_\_  
 \_\_\_\_\_ Carpal Tunnel Release  
 \_\_\_\_\_ Joint replacements/repairs (specify) \_\_\_\_\_  
 \_\_\_\_\_ Other/please specify: \_\_\_\_\_

Medications (Please List All the **Pills** You are Taking):

Anti-inflammatories (specify) \_\_\_\_\_  
 Opioid (specify) \_\_\_\_\_  
 Tricyclics (specify) \_\_\_\_\_  
 Anticonvulsants (specify): \_\_\_\_\_  
 Vitamins/Supplements: \_\_\_\_\_  
**Other:** \_\_\_\_\_

Allergies/Intolerances to Medications: \_\_\_\_\_

Social History:

\_Yes\_No\_ Alcohol                      How much caffeine do you consume? (coffee, tea, soda, etc.) \_\_\_Cups  
 \_Yes\_No\_ Smoke (Did you ever smoke, if so when did you quit?) \_\_\_\_\_  
 \_Yes\_No\_ Non-prescription Drugs (marijuana, cocaine, vitamins, herbs, etc.) \_\_\_\_\_  
 Occupation: \_\_\_\_\_ or on Disability (for how long) \_\_\_\_\_  
 Marital status (circle):    single                      married                      divorced                      separated  
 Children: \_\_\_\_\_

Family History (circle):

High Blood Pressure	Diabetes Mellitus	Cardiac Disease
Peripheral Vascular Disease	Stomach Ulcers	Stroke
Thyroid Disease (Anxiety/Depression/Etc.)	Cancers Type:_____	Psychiatric
Joint Disease (Rheumatoid, Osteoarthritis, Connective tissue disease)		Osteoporosis

Functional History (circle):

Activities of Normal Daily Life:	Independent	Need Assistance	Dependent on Help
Difficulty walking	Yes    No	Difficulty Sleeping	Yes    No
Transfers Problems	Yes    No		
Equipment (ie cane, walker, tub bench, etc.) _____			

Do you exercise routinely (circle): Yes    No  
 Type of Exercise: \_\_\_\_\_                      How Frequent?: \_\_\_\_\_

**[Continued on next page]**

Review of Systems- Do you have any of the following:

• Constitutional

Generally Good Health	Yes	No
Recent Weight Change	Yes	No
Fever	Yes	No
Fatigue	Yes	No
Headaches	Yes	No

• Eyes

Eye disease or Injury	Yes	No
Wear Glasses/Contact Lenses	Yes	No
Blurred Vision/Double Vision	Yes	No
Glaucoma	Yes	No

• Ears/Nose/Throat

Hearing Loss or Ringing	Yes	No
Chronic Sinus Problems/Rhinitis	Yes	No
Nose Bleeds	Yes	No
Mouth Sores	Yes	No
Bleeding Gums	Yes	No
Bad Breath or Bad Taste	Yes	No
Sore Throat or Voice Change	Yes	No
Swollen Glands in Neck	Yes	No

• Cardiovascular

Heart Trouble	Yes	No
Chest Pain or Angina	Yes	No
Palpitations	Yes	No
Shortness of Breath w/Walking	Yes	No
Shortness of Breath w/Lying Flat	Yes	No
Swelling of Feet/Ankles/Hands	Yes	No

• Respiratory

Chronic or Frequent Coughs	Yes	No
Spitting Up Blood	Yes	No
Shortness of Breath	Yes	No
Asthma or Wheezing	Yes	No

• Gastrointestinal

Loss of Appetite	Yes	No
Change in Bowel Movements	Yes	No
Nausea or Vomiting	Yes	No
Frequent Diarrhea	Yes	No
Painful Bowel Movements	Yes	No
Constipation	Yes	No
Rectal Bleeding	Yes	No
Abdominal Pain or Heartburn	Yes	No
Stomach Ulcer	Yes	No

• Genitourinary

Frequent Urination	Yes	No
Burning or Painful Urination	Yes	No
Blood in Urine	Yes	No
Change in Force or Straining w/Urinating	Yes	No
Incontinence or Dribbling	Yes	No
Kidney Stones	Yes	No
Sexual Difficulty	Yes	No
Male- Testicle Pain	Yes	No
Female- Pain w/Periods	Yes	No
Female- Irregular Periods	Yes	No
Female- Vaginal Discharge	Yes	No
Female #Pregnancies___ #Miscarriages___		
Female- Date of Last Pap Smear_____		

• Musculoskeletal

Joint Pain	Yes	No
Joint Stiffness or Swelling	Yes	No
Weakness of Muscles or Joints	Yes	No
Muscle Pain or Cramps	Yes	No
Back Pain	Yes	No
Cold Extremities	Yes	No
Difficulty Walking	Yes	No

• Integumentary

Rash or Itching	Yes	No
Change in Skin Color	Yes	No
Change in Hair or Nails	Yes	No
Varicose Veins	Yes	No
Breast Pain	Yes	No
Breast Lump	Yes	No
Breast Discharge	Yes	No

• Neurologic

Frequent or Recurrent Headaches	Yes	No
Lightheaded or Dizzy	Yes	No
Convulsions or Seizures	Yes	No
Numbness/Tingling Sensations	Yes	No
Tremors	Yes	No
Paralysis	Yes	No
Stroke	Yes	No
Head Injury	Yes	No

• Psychiatric

Memory Loss or Confusion	Yes	No
Nervousness	Yes	No
Depression	Yes	No
Insomnia	Yes	No

• Endocrine

Glandular or Hormone Problems	Yes	No
Thyroid Disease	Yes	No
Diabetes	Yes	No
Excessive Thirst or Urination	Yes	No
Heat or Cold Intolerance	Yes	No
Skin becoming Dryer	Yes	No
Change in Hat/Glove Size	Yes	No

• Hematologic/Lymphatic

Slow to Heal after Cuts	Yes	No
Bleeding or Bruising Tendency	Yes	No
Anemia	Yes	No
Phlebitis	Yes	No
Past Blood Transfusion	Yes	No
Enlarged Glands	Yes	No

**Doctor**

**Reviewed:** \_\_\_\_\_ Date

*[Continued on next page]*